



# NATURALLY FIT AGENCY

323-900-0398

[agency@naturallyfit.com](mailto:agency@naturallyfit.com)  
[www.naturallyfitagency.com](http://www.naturallyfitagency.com)

## Alexa Rowe

**HEIGHT:** 5' 10"

**HAIR:** Dirty Blonde

**Instagram:** @alexarowe11

**Email:** alexabrowe1@gmail.com

**Cell:** 310-745-1444

| **WEIGHT:** 150 lbs

| **EYES:** Green

### TRAINING

Advanced Improv (Writing Lab)

Top Tier Improv

Improv

Acting/Improv (4 years)

Acting/Self Tapes

On Camera Class

Intermediate Film & TV Acting

Various Coaches

Various Coaches

Various Coaches

Colin Plant

Diana Pavlovskia

Tammy Gillis

Joe McCoy

The Groundlings Core Track

LA Connection

Vancouver TheatreSports

Claremont School of Fine Arts

CD Workshop (Sean Cossey)

Personal Studio

VADARTS

### COMMERCIAL

*List available upon request\**

### TV

Live at Sludgewater High (comedy pilot)

Diagnose Me EPS. 112

Lead

Principal

YTV

TLC, Urgent Care Productions

### FILM

Musket

Kid Cannabis

Campus Caller (TV movie)

Open For Submissions (comedic feature)

Lead

Principal

Principal

Principal

Gunnbjorn Productions

Datari Films / Well Go USA

Odyssey Media

Ana De Lara Productions

### MUSIC VIDEOS

"Boredom and Joy"

Lead

### Athletic Experience/Sports/Special Skills:

Improv (advanced, performances)

Swimming (general)

Singer (alto/soprano)

Kayaking/Canoeing (advanced)

Volleyball (competitive)

Skiing (intermediate)

Piano (advanced)

Ice Skating (intermediate)

Basketball (competitive)

Quidditch (competitive)

Knitting (basic)

Roller blading (intermediate)